**SECOND SUNDAY OF LENT 03/16/2025.**

**Life is a bit like a railroad crossing** – we **stop, look** & **listen**. Lent is that season of the year that invites us to take the time to **stop, look** & **listen** in order to recharge our spiritual batteries. I have noticed that every time I have become discouraged and depressed, I have stopped my search for God. If that is true for you and me, then we need to take time every day to stop.

In Lent we are called to stop the ceaseless activities of our lives and make time like Peter, James, & John and climb the mountain - that is each day to take time to go aside with Jesus in intimate prayer. Wisdom dictates we must learn to say “No” to the urgent so that we can say “**Yes**” to the important. The important is that:

* Like Abram in our first reading, we put our Faith in the Lord
* Like Psalm 27, our response, that Jesus is our light- there is no other- that Jesus really is our Savior - there is no other.
* Like Paul in our second reading we are on guard so that our stomach does not become a false god - so that we will wake up to the reality that our citizenship is in heaven and that God will one day change our lowly bodies into the likeness of the Transfigured Christ.

Secondly, we must take time to **stop** and really **look:**

* **Look a**t **Jesus Christ** and Him crucified. Why? Because in Him are hidden all the treasures of wisdom and knowledge. Why? Because as St. Paul tells us, “Let us keep our eyes fixed on Jesus who **inspires** and **perfects** our Faith.” Why? Because there is no other way to the father. He is the way.

**Finally,** Lent is a call to let our prayer be less talk and more listening.

**When you and I** take the time each day to **stop, look** & **listen** to Jesus, He refreshes our souls, he recharges our spiritual batteries. When we experience that, like Peter we too want to say, “Master it is good to be here.”

But Jesus takes Peter, James & John off the mountain on his journey to Calvary letting them and us know that before there can be a Transfiguration there has to be a Trial, before there is a Crown there has to be a Cross, and before there can be an Easter Sunday it is preceded by a Good Friday.

The Good News today is that one day we are destined to share in the Transfiguration of Jesus. The tough love news is that: he says to each of us, “Pick up your cross daily and follow me. As I have done so you must do.”